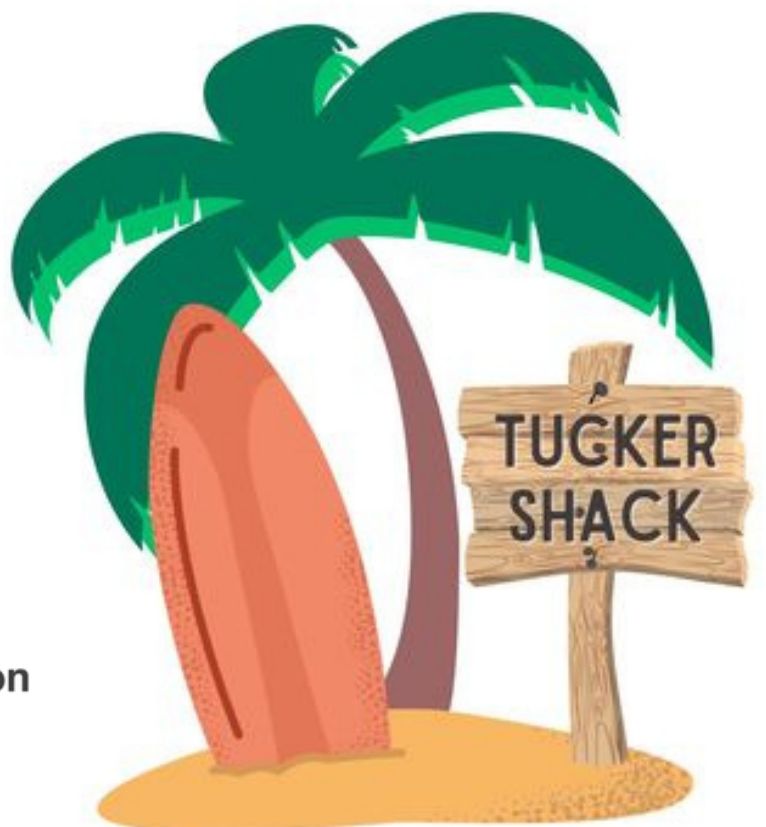


Term 4

TUCKERSHACK Menu



Talara Primary College
Parents and Citizens Association
Helping our kids to shine





ONLINE ORDER
CUT OFF 9AM

GF- GLUTEN FREE*
V- VEGAN
VG-VEGETARIAN
DFO- DAIRY FREE OPTION AV.

1ST BRK
(MAIN EATING TIME)
10:55AM

2ND BRK
(SNACK TIME)
1:05PM

07 5438 3728
TALARATUCKSHOP@
GMAIL.COM

SPECIALS

MONDAY MADNESS

(NOT AVAIL TERM 4)

TUESDAY (ASIAN)

TERIYAKI CHICKEN BOWL (GF)\$6.00
(CHICKEN, RICE, CUCUMBER, EDAMAME, KEWPIE)

STEAMED PORK DUMPLINGS (4).....\$4.00
(SERVED WITH SOY SACHET)

WEDNESDAY (MEXICAN)

MEXI BEEF NACHOS (GF).....\$4.50

VEGGIE NACHOS\$4.00

CHICKEN ENCHILADA\$5.00

THURSDAY (ITALIAN)

MARGHERITA (VG).....\$5.00

DAIRY-FREE BBQ MEAT LOVERS.....\$5.50

PEPPERONI.....\$5.50

MEATBALL SUB.....\$5.00

HEALTHY CHOICES

BOILED EGG.....	\$1.20
POPCORN (GF, V).....	\$1.00
PIECE OF FRESH FRUIT.....	\$1.50
CHEESE AND CRACKERS (GF, VG).....	\$1.50
YOGHURT SQUEEZIE.....	\$2.00
LOADED YOGHURT.....	\$3.50
SEASONAL FRUIT SALAD.....	\$3.50
ROASTED VEGGIE MUFFIN (VG).....	\$3.50
GRAZING BOX (GF, VG).....	\$4.00
GARDEN SALAD (GF).....	\$7.00
CAESAR SALAD.....	\$7.50

SANDWICHES & WRAPS

SANDWICHES

SANDWICHES ARE MADE ON WHOLEMEAL BREAD
W NUTTELEX SPREAD

VEGEMITE.....	\$2.50
CHEESE.....	\$3.00
HAM	\$3.00
HAM+CHEESE.....	\$4.00
HAM+CHEESE+TOMATO	\$4.50
EGG, LET & MAYO.....	\$4.50

GF BREAD AVAILABLE FOR EXTRA 50C
TOASTED SANDWICHES EXTRA 20C

WRAPS

SALAD+CHEESE+MAYO (VG).....	\$5.50
HAM+CHEESE+SALAD+MAYO	\$6.50
CHICKEN+CHEESE+SALAD+MAYO.....	\$6.50
CRUMBED CHICKEN.....	\$4.50

EXTRAS

TOMATO/BBQ/MAYO SAUCE SQUEEZY.....	\$0.30
SOY SAUCE.....	\$0.20
DRINKING STRAW.....	\$0.00
FORK OR SPOON.....	\$0.10

SUPPLIED FREE WITH NECESSARY ITEMS

STRAWS

NO STRAWS SUPPLIED EXCEPT FOR PLAIN
MILK, POPPERS & SLUSHIES

FOR EVERYTHING ELSE, WE DO NOT SUPPLY
STRAWS AUTOMATICALLY.

IF YOUR CHILD NEEDS A STRAW PLEASE ASK!



HOT FOOD

UFO (VG).....	\$1.50
GARLIC BREAD (VG).....	\$2.50
HAM & CHEESE POCKET.....	\$2.50
TRAVELLER MEAT PIE.....	\$4.50
HOT DOG	\$4.50
CHICKEN NUGGETS (6).....	\$5.00
CHICKEN TENDERS (2) (GF)	\$4.00
SPAGHETTI & MEATBALLS.....	\$5.00
HOME MADE SAUSAGE ROLLS(2).....	\$4.50
FRIED RICE (GF, V).....	\$3.50
CHICKEN BURGER.....	\$5.50
CHEESE BURGER.....	\$5.50
BUTTER CHICKEN (GF).....	\$5.00
HAM & CHEESE CROISSANT.....	\$5.00

CHIPS & TREATS

SMARTY PANTS COOKIE.....	\$1.00
CHOC CHIP COOKIE (GFO AVAILABLE).....	\$1.00
DAILY SLICE.....	\$1.00
VARIOUS FLAVOURS DAILY	
JUMPYS (GF).....	\$1.50
S&V OR CHICKEN	
CUSTARD CUP (GF).....	\$1.50
RED ROCK DELI CHIPS.....	\$2.00
SEA SALT OR HONEY SOY CHICKEN	
FRESH BAKED MUFFIN.....	\$3.00

DRINKS

PLAIN MILK.....	\$2.00
BOTTLED WATER.....	\$2.00
COCONUT WATER 500ML.....	\$4.00
POPPERS.....	\$2.00
APPLE, ORANGE, TROPICAL, APPLE BLACKCURRENT	
FLAVOURED MILK.....	\$3.00
CHOCOLATE OR STRAWBERRY	
GLEE.....	\$3.00
TROPICAL, SOUR WATERMELON, RASPBERRY	
EMMA & TOMS SMOOTHIES.....	\$4.00
KARMARAMA (FOCUS) KICK STARTER (IMMUNITY)	



COUNTER SALES

AVAILABLE OVER THE COUNTER ONLY
WITH CASH OR TUCKER BUCKS

PLEASE NOTE: PREPPIES CAN ONLY PURCHASE
OVER THE COUNTER IN TERM 4

IMPORTANT NOTES

TUCKSHOP REMINDERS

✓ ORDER DEADLINE: ALL LUNCH ORDERS MUST BE
PLACED BY 9 AM.

⛔ LAST DAY OF TERM 4: THE TUCKSHOP IS CLOSED.
CHECK THE P&C FACEBOOK PAGE FOR UPDATES.

🍴 CUTLERY: PROVIDED FREE WITH MEALS THAT
REQUIRE IT. OTHERWISE, A 10C CHARGE APPLIES

🔄 SUBSTITUTIONS: IF AN ITEM IS UNAVAILABLE, A
SUBSTITUTE MAY BE PROVIDED WITHOUT NOTICE.

📅 17 WRONG DAY ORDERS: ORDERS PLACED ON THE
WRONG DAY WILL BE FULFILLED IF POSSIBLE.

⚠️ ALLERGY NOTICE: WE ARE NOT A NUT/GLUTEN-FREE
ENVIRONMENT, BUT TAKE GREAT CARE IN FOOD
PREPARATION.

YOGHURT FROGS.....	\$0.20
YOGHURT FROGS (BAG)	\$1.00
FRESH PIECE OF FRUIT.....	\$1.50
RED ROCK CHIPS.....	\$2.00
COOKIES.....	\$1.00
FROZEN YOGHURT.....	\$2.00
FLAVOURED MILK.....	\$3.00
EMMA & TOM'S JUICES.....	\$4.00
WATER.....	\$2.00
GLEE DRINK.....	\$3.00
FROZEN JUICE CUP.....	\$1.00
SOUR POPZ.....	\$1.50
LEMONADE ICY POLE (GF,V).....	\$1.50
SLUSHIE (GF, DF).....	\$2.50
MADE FROM 99% APPLE JUICE	
AVAILABLE FLAVOURS: SOUR APPLE, GRAPE, WATERMELON, RASPBERRY	
STRAWBERRY, LIME	

INTRODUCING



Introducing Tucker Bucks!

Perfect for when you don't have spare change, but the kids want a treat
from the Tucker Shack.

Tucker Bucks come in \$2.00 or \$2.50 tickets (great for a slushie) and can
be used for snacks and treats \$2.50 or less.

Simply access Tucker Bucks through your Qkr! profile or app!

ONLINE ORDERING VIA QKR!

TUCKSHOP ORDERS ARE ONLY AVAILABLE ONLINE VIA
QKR!. DOWNLOAD THE APP FROM THE APP STORE OR
USE THE WEB VERSION ON YOUR COMPUTER.
IT'S QUICK AND EASY!

COUNTER SALES / TUCKER BUCKS

CASH OR TUCKER BUCKS ONLY FOR COUNTER SNACKS
(TUCKER BUCKS ARE TO BE ORDERED VIA
QKR \$2.00 OR \$2.50)

BIRTHDAY TREATS

EASY, HASSLE FREE BIRTHDAY TREAT FOR
THE WHOLE CLASS

DELIVERED TO YOUR CHILD'S CLASSROOM

COOKIES

\$25.00

ICED CUPCAKES

\$30.00

QUELCH ICE BLOCKS

\$15.00

LEMONADE SWING ICE BLOCKS

\$30.00



VOLUNTEERS & DONATIONS NEEDED



Our wonderful Tuckshop is proudly operated by the P&C Association with all
profits reinvested back into the school to provide valuable resources for our
kids!

Can you help? We would be so grateful for any support, whether it's
volunteering your time or donating equipment or staple items.

For more information, please email talaratuckshop@gmail.com

Thank you for supporting our school community!



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